



# Watershed Brigade



## SAFETY GUIDELINES

Your health and safety are our #1 priority.  
Thank you for following these simple precautions while  
you help keep our waterways clean.

### General Safety



Wear appropriate footwear, gloves, and sun protection.

Avoid picking up needles, sharp objects, broken glass, toilet paper, human waste, etc.

Use extreme caution and be mindful of environmental conditions, traffic, and potential hazards.

Avoid over-exertion, sunburn, heat exhaustion, and dehydration.

Sign the online waiver!



Follow all posted signage, stay on trails, and limit activities to areas open to the public.

Please do not approach or remove any items from active homeless encampments.

Do not pick up or disturb natural objects, such as leaves, nests, or eggs.

Keep a safe distance from all wildlife.

Don't pick up anything too heavy or anything that you will not be able to fit into your home debris bin.

### Outreach Guidelines



Engage with community members about the need to keep waterways clean in a friendly and positive manner.

Do not confront visitors, even if you see illegal or irresponsible activity.

#### Resources:

Call 911 to report emergencies.

- Stranded birds: Santa Barbara Wildlife Care Network: 1-805-681-1080.
- Stranded marine mammals: Channel Islands Marine & Wildlife Institute: 1-805-5567-1505.
- Poachers and polluters to CalTip: 1-888-334-CalTIP (2258).
- Encampments: info@sbck.org



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## SANTA BARBARA CHANNELKEEPER AND YOUR IMPACT

### About Santa Barbara Channelkeeper



Santa Barbara Channelkeeper is a non-profit organization dedicated to protecting and restoring the Santa Barbara Channel and its watersheds. Through science-based advocacy, education, fieldwork, and enforcement, Channelkeeper defends our community's right to clean water and informs, inspires, and empowers people to speak and act for waterways from the Gaviota Coast to the Ventura River.

Channelkeeper's vision is for clean beaches, healthy, flowing streams, and a teeming, resilient ocean that offers healthy habitats for fish and wildlife, supports a thriving economy, and provides clean water and safe places for recreation for all people and for future generations.

### Ecological Information



The ocean is the largest life-sustaining resource on our planet. Every piece of trash that we pick up makes a difference and leads to a healthier marine environment.

Birds, fish, and mammals often mistake plastic and other debris for food, which can lead to fatal consequences. Plastic can remain in the animal's stomach causing blockages, which makes the animal feel full and leads to starvation.

Pollutants can bind to plastic pieces. When these plastic pieces are ingested by marine species, the pollutants can bioaccumulate in the marine food web.

These beach cleanups are good reminders that we can make behavior changes to help reduce the amount of trash we create in our own lives – reduce, reuse, and recycle!